

SMITHTOWN CHRISTIAN SCHOOL
SPORTS PHYSICALS/MEDICATIONS PROCEDURE – 2024/2025

Student must be free of any restrictions from Physical Education in order to participate in sports. If you have not done so already, please schedule your child's physical exam as soon as possible. Sports Physicals are due within the 30 days prior to the start of the sport. ***Please state which sport is requested.***

Sports Physical Application Includes:

1. **Health Examination Form (2-page form)** - Please have the doctor complete, sign, and stamp the Required NYS Health Examination Form which is available on the SCS website and in the Health Office. ***This physical is good for one calendar year.***
2. **Health History for Athletes Form** - parent/guardian must complete, sign, and date and bring to the physician when your child has their physical. This form ***and*** the Health Examination Form are necessary and must be handed in together to the Health Office. A new Health History Form must be submitted within 30 days prior to ***each*** sport, noting any changes ***since the last physical.***

Medical Clearance – additional medical clearance from the appropriate physician may be required for certain conditions, such as cardiac, chronic illness, concussion, orthopedic/surgical procedures, asthma, seizures, severe allergies, diabetes, or requires medications, or if your child sustained any injury requiring medical care within the past 12 months.

Medications – Medication orders and unexpired medication, including prescription label, to be delivered to the Health Office ***before*** the sport begins. Medications are to be picked up by the coach at the start of sport and returned to Health Office at end of sport. Parents may pick up medication from Health Office at the end of the sport. ***Medications for Sports are separate from medications held in the Health Office for regular school use.*** For a student to self-carry and self-administer his/her medication, they need a ***Self-Medication form*** completed by the doctor. Students must be responsible to have their required, unexpired medication, on hand at all times for practices and games.

Academic Probation- Students on Academic Probation will be considered academically ineligible for extracurricular activities including athletics.

<i>Fall Dates</i>	<i>Winter Dates</i>	<i>Spring Dates</i>
HS Boys' Soccer 8/26/2024	JH Boys' Basketball 11/4/2024	HS Boys' Baseball 3/17/2025
HS Boys JV Volleyball 8/26/2024	HS Girls' Basketball 11/18/2024	HS Girls' Softball 3/17/2025
HS Girls' JV Volleyball 8/26/2024	HS Boys' Basketball 11/18/2024	
Cross Country 8/26/2024	Cheerleading 11/18/2024	
JH Boys' Soccer 9/9/2024	Independent Swimming 11/18/2024	
	JH Girls' Basketball 1/16/2025	

JHS-GRADES 7,8

JV GRADES 9-12

Please understand that all Sports Physicals are reviewed and cleared by the Smithtown Central School District. Forms available on the Learn with SCS website.

If you have any questions, please contact the SCS Health Office.

Last Updated 3-22-24